



Keep your  
child safe.

More than **50,000** young children end up in emergency departments every year because they got into medicines while their parent or caregiver was not looking.

Always put **every** medicine and vitamin up and away **every** time you use it. And keep the Poison Help number in all of your phones: (800) 222-1222. Or text "POISON" TO 797979 to automatically save it.

To learn more, visit [UpandAway.org](http://UpandAway.org)

Put your medicines  
**up** **AND** **away**  
and out of sight

In partnership with the Centers for  
Disease Control and Prevention (CDC)