

Keep your child safe.



More than **35,000** young children end up in emergency departments every year because they got into medicines while their parent or caregiver was not looking.

Put every medicine, vitamin, and supplement—especially those in gummy form—up and away every time you use it. And keep the Poison Help number in all of your phones: (800) 222-1222. Or text “POISON” TO 797979 to automatically save it.

To learn more, visit UpandAway.org

Put your medicines
up **AND** **away**
and out of sight

In partnership with the Centers for
Disease Control and Prevention (CDC)